



# Prep

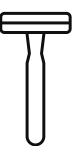
### Moisturize

Daily before your appointment but rinse off the day of. If your skin is too dry, the tan will last 2-3 days. I recommend Neutrogena Hydro boost gel cream Fragrance free as the fragranced one has oil ingredients. Oils act as a barrier to tan.



#### Wax + Shave

Should be completed 24 hours before your appointment.



#### **Exfoliate**

8-10 hours before your appointment. Avoid body scrubs they are oil based and will prevent your tan from being absorbed. Use an exfoliating mitt, also available at Tancouver



Should be completed 24 hours before your appointment. If before ensure no oil or massage.



## **Showering**

Dont use DOVE/OLAY or any cream based body wash, they are known for leaving oily residues on the skin and stripping tan. Use a gel based body wash before and after. dont use a loofah or cloth, use hands only. Showering should be completed at least 4-6 hours before appointment to allow your pH levels to neutralize.



#### **No Barriers**

In order to prevent uneven tan /streaks, arrive to your appointment with absolutely NO lotions, oils, deoderant, perfumes, make up. All of these create a barrier on the skin and the tan will not penetrate.



## Clothing

Wear dark, loose fitting clothing, with open toe sandals. Do not wear workout clothes/sports bras/jeans. Disposable string underwear is available/you are welcome to wear your own as it will wash off.

